

PURPOSE & EXCELLENCE

Developing a Life Plan

1. Start with the End in Mind

- a. Write Your Obituary (without the dates)
 - i. What will your bio say?
- b. Write Your Eulogy
 - i. Who will read it?
 - ii. What will they say about your character?
 - iii. What achievements will they highlight?

- iv. What will they say you have left behind?

2. Determine Your Priorities

- a. To have that as my end what roles do I want in life

- i. Now
- ii. In the next 3 years
- iii. In the next 5 years
- iv. In the next 10 years
- v. In the next 20 years
- vi. In the next 50 years?

- b. Which of my current roles do I want to remove so that I can prioritise to achieve my 3, 5, 10, 20 and 50 year roles?

3. Work Your Plan

- a. What areas in the roles I want to keep do I want to work on so that I can be most effective in the next 3 years?

- b. For each priority area, set 3-year goals, split into 3, 1-year plans with quarterly achievement periods

4. Dream Big, Start Small

- a. “Do what you can, with what you have, where you are”

“Do the best you can until you know better. Then when you know better, do better.”

Maya Angelou

- b. Adopt strategies you need to improve and move closer to your goals

“What 1 thing do I commit to do to ensure success in my current roles in order to achieve my 2018, 2019 and 2020 goals?”

5. Life Happens, Make a Plan

- a. Regularly review and renew your Life Plan.
- b. Factor in setbacks and re-strategise
- c. Don't allow emotions get in the way, “get back on the saddle” ASAP

As Joel Osteen puts it “recalibrating route”

